



3rd March 2020

Dear Parents,

**Sport Relief
9th-13th March 2020**

Sport Relief 2020 is just around the corner and we've decided to get active, have fun and change lives. To raise money, throughout the week we are going to participate in a range of activities. We ask if you could make a contribution of at least £1 during the week. The money we raise will be used to change countless lives, both here in the UK and worldwide. Below are the activities we shall be partaking in each school day.

Monday Mile – Children will participate in the Sport relief mile by walking, running, jumping or skipping.

Tuesday Challenge – Hula hooping, beanbag balance and skipping challenges. Who can do the most within a set time or for the longest?

Wednesday Workout – Children will participate in a range of workout videos throughout the school day created by Joe Wicks the Body Coach.

Thursday Team Games – Children will participate in a range of team games and sports during PE sessions.

Friday – Dig out your **sports kits to wear to school** as we will be participating in a Dance-athon. At **8:45am** come and join us on the playground to hear the children perform the Sport Relief song 'It's Game On'.

Friday after school at **3:40pm** parents are invited to sign up for a Netball tournament against the Teachers. It would be great to get as many parents involved as possible to model to the children how, as adults, we represent ourselves when playing a sport. We encourage the children to be on the side-lines to cheer you on! Signup sheets will be given to your child's class teacher.

We'll also be using Sport Relief as a learning opportunity to help our pupils explore the issues facing young people across the world, and how the money we raise can help.

We really appreciate your support and hope that you'll have fun helping us raise lots of money for Sport Relief.

Yours faithfully,

Miss Freeman